



IIHF International Women's Coaching Symposium

22nd and 23rd April 2011
Zurich, Switzerland



DRAFT Schedule - Subject to Change

Thursday - 21 April 2011

17:00 – 20.00 Registration
20:00 – 22-00 Welcome Social

Friday - 22 April 2011

08:00 Registration
09:30 Greeting from IIHF and SEHV
10:00 – 11:00 The Medal Plan: CAN, USA, FIN
Stories of the Vancouver 2010 Medalists
11:00 – 11:30 Coffee
11:00 – 12:45 Coaching Women - the Best Side CAN, USA, SWE
12:45 - 13:45 Lunch
13:45 – 15:15 Developing Skills of the Game - Best of the Best

- Importance of Proper Skill Development
- Stages of Development of the Player

16:00 Quarterfinal 2A – 3A
20:00 Quarterfinal 2B – 3A

Saturday - 23 April 2011

09:00 – 09:30 Day 1 in Review
09:30 – 10:30 Preparing for Success on the Ice USA

- Strength Conditioning and Nutrition

10:30 – 11:00 Coffee
11:30 – 12:30 Breaking Through Cultural Challenges CZE, SVK, FIN, FRA
12:30 Lunch
13:30 – 14:15 Recruiting the Future of Women's Hockey FIN
14:15 – 15:00 It's all in the Mind: Player Mental Preparation CAN
15.00 – 15:30 Symposium Close
16:00 Semi-final 1B – 2A or 3B
20:00 Semi-final 1A – 2B or 3A