2016 High Performance Camp
Vierumäki, Finland
July 9-16, 2016
Saturday July 9th, 2016

FAIR PLAY AND RESPECT

Time	GROUP 1	GROUP 2	GROUP 3	GROUP 4	GROUP 5	GOALIES
7 :00						
:30						
8 :00						
:30						
9 :00						
:30						
10 :00	**Registration at ballhall/Pallohalli in Kaskela**					
:30						
11 :00						
:30						
12 :00						
:30						
13 :00						
:30						
14 :00						
:30						
15 :00						
:30						
16 :00	16:30 DINNER 16.30 - 18.00	16:30 DINNER 16.30 - 18.00	16:30 DINNER 16.30 - 18.00	16:30 DINNER 16.30 - 18.00	16:30 DINNER 16.30 - 18.00	16:30 DINNER 16.30 - 18.00
:30						
17 :00	Kaskela	Kaskela	Kaskela	Kaskela	Kaskela	Kaskela
:30	18:00	18:00	18:00	18:00	18:00	18:00
18 :00	18:15 SCANDIC WELCOME Ballroom INTRO to Fitness Testing	18:15 SCANDIC WELCOME Ballroom INTRO to Fitness Testing	18:15 SCANDIC WELCOME Ballroom INTRO to Fitness Testing	18:15 SCANDIC WELCOME Ballroom INTRO to Fitness Testing	18:15 SCANDIC WELCOME Ballroom INTRO to Fitness Testing	18:15 SCANDIC WELCOME Ballroom INTRO to Fitness Testing
:30						
19 :00	Path of a Champion	Path of a Champion	Path of a Champion	Path of a Champion	Path of a Champion	Path of a Champion
:30						
20 :00	CAMP PIC	CAMP PIC	CAMP PIC	CAMP PIC	CAMP PIC	CAMP PIC
:30	21:00	21:00	21:00	21:00	21:00	21:00
21 :00	Snack	Snack	Snack	Snack	Snack	Snack
:30	21:30 Athlete Lounge	21:30 Athlete Lounge	21:30 Athlete Lounge	21:30 Athhlete Lounge	21:30 Athlete Lounge	21:30 Athlete Lounge
22 :00						
:30	22:30 LIGHTS OUT	22:30 LIGHTS OUT	22:30 LIGHTS OUT	22:30 LIGHTS OUT	22:30 LIGHTS OUT	22:30 LIGHTS OUT