



2012 Newsletter

Welcome to the 2012 Newsletter. The goal of the Newsletter is to communicate on a regular basis to give you information on the medical projects of the IIHF. The Newsletter also gives you a chance to communicate with the IIHF on a regular basis. The CMO corner can be found on the IIHF website under the sport and medical categories.

The IIHF Medical committee has been active in the past year. As stated in the previous newsletter the Mayo Clinic Summit on Concussions under the direction of Dr. Mike Stuart took place in Rochester Minnesota at the Mayo Clinic and the IIHF participated along with USA Hockey and a five step action plan was established to deal and prevent this serious problem. Dr. Stuart has provided a summary of the action steps in the CMO Corner.

The IIHF has also partnered with the Pat Schafhauser Foundation in a concussion prevention program under the direction of Dr. Beat Villiger where Swiss families and players will receive a concussion prevention tool kit in order to heighten awareness on the issue of concussion and find ways to prevent this terrible injury. Dr. Villiger has also given the CMO corner a summary of this great project. The project was presented to the General Secretaries at their annual meeting in June 2011.

The IIHF will be organizing the next CMO Workshop in Toronto Canada on August 24-26, 2012 in conjunction with the American Orthopedic Society of Sports Medicine (AOSSM) who is organizing a two day hockey medical symposium with the NHL under the direction and leadership of Dr. Mike Stuart. A one day workshop will also be given to all the CMO to update the IIHF medical programs and allow us to meet in an informal setting as we did in Vancouver prior to the Olympics. Please mark the date in your calendar and talk to your General Secretary.

We also gave a medical program (two day workshop) to our CMO from the Asian countries in Abu Dhabi on June 11-18, 2011. The Workshop encouraged the Asian countries to appoint a CMO and begin building the medical program in their countries. The medical program was a success as the local medical people from Abu Dhabi and physicians from 5



Asian countries participated in the workshop and were integrated into the different teams for the development camp.

The IIHF will also participate in the Fourth International Symposium on Concussion in Sport in the Fall of 2012 (November 1-2, 2012) in association with the IOC, FIFA and the IRB. We are also hoping that the FEI (Equestrian Federation) will also participate in this symposium. The symposium will bring together the world experts on concussion and a consensus statement will be published following the symposium and published in a scientific medical journal as a supplement with a host of other scientific articles on the recent research on concussion.

The 2011-12 season has ended and we are in the process of completing the IIHF Injury Report for all the injuries reported during the year. A power point will be attached for your use in your Federation. We will also be providing a written report which will appear on the IIHF medical site. We thank all of you who acted as team physicians and contributed by filling out the forms and injury reports after every game. We also thank the Medical Supervisors who were at the Championships and assembled and submitted the reports after the Championships. The Injury Report gives us an idea of the types of injuries during the season and allows us to concentrate on specific ways to prevent these types of injuries in the future. We also work closely with the Referee Committee during the season. We will be presenting the five year summary of the injuries during the workshop. This summary will allow us to give further recommendations on the prevention of injuries in our sport.

The IIHF continues to work with WADA in the prevention of doping and has established the Green Puck Project as an educational initiative that includes a video of international hockey players saying "no" to doping in their native language and a software program on anti-doping education that is designed for our players from ages 15 and up. You can log on to the software program on the website by going on the Green Puck project site and signing in using a registered name. There is a quiz and you need to watch at least 80% of the program before you can pass the test.

Finally, we have attached a Spinal Injury survey and IIHF Spinal Injury form in order to determine the extent of the problem. We thank you for your response.

This newsletter is also your voice to the IIHF Medical Committee. We would like your feedback. You are also welcome to submit any articles that may be relevant to our CMO group. This Newsletter will only work if we can get your input and feedback. Your work is especially important in being a valuable resource for your National Association and the IIHF thus providing the quality medical care that our players deserve while playing this great sport.



Thank you for helping the IIHF provide quality medical care to our ice hockey athletes around the world.

Sincerely,

A handwritten signature in black ink, appearing to read "Murray Costello", is positioned on the left side of the page. The signature is written in a cursive style.

Murray Costello
Chairman of IIHF Medical Committee

A handwritten signature in black ink, appearing to read "Mark Aubry", is positioned on the right side of the page. The signature is written in a cursive style.

Mark Aubry
Chief Medical Officer of IIHF