

2012 HPC – Camp Information

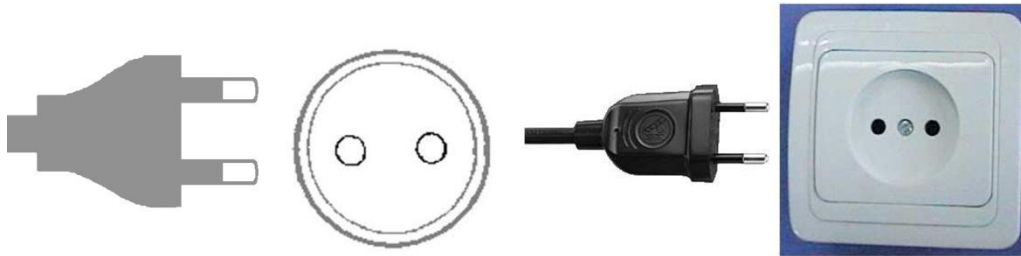


Dear Friends,

As you are preparing for the 2012 Under-18 High Performance Camp in Vierumäki, Finland, we would like to supply you with this update to advise you of some important information.

Finland

- Finland uses the Euro for currency. Please be advised that there isn't a Cash Machine (ATM) on the site so participants are advised to change their money before arriving.
- The electrical plug configuration in Finland is:



The weather in in July:

- Finland has a reputation as a land of ice and snow, but summers can be warm and sunny, with daytime temperatures reaching 25-30°C (77-86°F)
- The sun never really sets in July, so bring eye covers if you feel like you'll need them
- Participants can get away with lightweight clothing in the daytime, but bring waterproof clothes in case of rain!

Vierumäki

- Is one of the Finnish Sports institutes 120km north of Helsinki
- It is located on more than 10 000 hectares of forest with 1 university, 2 hockey rinks, 3 golf courses and 3,000 places for accommodation
- For more information below is there website in English:
- <http://www.vierumaki.fi/lang/>
- During the camp all participants will be given three meals a day and snacks
- The food is western cuisine that is cooked and prepared on-site



Arrival:

When you arrive at Helsinki-Vantaa International Airport on the 15th July, you will be met by one of our camp leaders. They will make sure you have received all your baggage and then will escort you to the bus that will take you to Vierumäki. The drive from Helsinki-Vantaa International Airport to Vierumäki will take approximately 2 hours.

When you arrive to Vierumäki, you will be taken to the arena where athletes and staff must leave their ice hockey equipment in their dressing rooms. You will then be taken to the registration hall where you will receive your camp accreditation and your room key. You will be escorted to your room by one of our camp leaders.

The registration hall will be open all day long so if you have any questions about the Vierumäki area; your room etc. you can always ask the people there.

If you experience any issues during your travel day, such as delayed or cancelled flights, please call the Camp Office at +358 40 3696205.

Please refer to the Arrival Day Schedule for specific information on the scheduled activities starting Sunday afternoon.