



Friday, July 13

(Jarmo Jalarvo, Matt Leaf, Freddy Reichen, Bianca Piechaczek, Dave Smith, Ruth Kunzle,

Konstantin Komissarov, Adrian Oggier)

Travel schedule (Arrival at Helsinki International Airport. Transfer by busses or cars to Vierumaki.

Accommodation in Vierumaki Sport Center Apartments)

Saturday, July 14

Till 09:00	Breakfast (Kaskela)	
09:00 - 10:30	Welcome & Introduction - Camp Overview (Auditorium)	IIHF RI
	Instructor's preparations for the Camp	
11:30 - 13:30	Lunch (Kaskela)	
	Instructor's preparations for the Camp	
17:00 – 19:00	Dinner (Kaskela)	
19:00 (Place TBA)	Staff & Instructors – "get together"	

2012 IIHF High Performance Women Camp & 2012 IIHF HDC Officiating Program HP Daily Program



Sunday, July 15

Till 09:00	Breakfast (Kaskela)	
Till 16:30	Set up the classrooms for the seminar	
11:30 – 13:30	Lunch (Kaskela)	
13:00 – 16:00	Registration of the participants (place to be determine on the site)	
17:00 – 18:00	1 st meeting IIHF Instructors with the game officials participants in the classroom (Bubble) - Introduction - Camp Orientation	KK
18:00 - 19:00	Dinner (Kaskela)	
19:30 (Bubble)	Camp Picture (All participants)	
19:45 – 20:15 (Bubble)	IIHF HDC & HP Woman Camps Opening Ceremony GO, IIHF Referees, IIHF RI, IIHF	Staff
20:15	Vierumjaki Facilities – Tour for GO	
22:30	Lights out	

Instructors: Jarmo Jalarvo (JJ), Matt Leaf (ML), Freddy Reichen (FR), Bianca Piechaczek (BP), Dave Smith (DS), Ruth Kunzle (RK), Konstantin Komissarov (KK), Adrian Oggier (AO)

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Monday, July 16

07:00 - 08:00	Ice Session (A)	Dave Smith
Till 8:45	Breakfast (Country Club)	
09:00 - 09:45	Classroom Session (Join session with Linesmen)	ML
	Presentation - Definitions in Women's Hockey	
09:45 – 10:00	 a. Body Contact b. Collisions c. Incidental contact d. Angling an opponent e. Battle for the puck Break	
10:00 – 10:45	Classroom Session- Judgement	IJ
	Presentation - Referee's Decision Destructing the Game	
	a. Phantom calls – what is thisb. Guessing callsc. Calls with no influence on the game	
	Presentation – OBI Rule	
	a. What is OBI Rule?b. Consequences and Referee's Decision	
11:30 – 12:15	Off Ice Training	Dave Smith
12:30 – 13:30	Lunch (Country Club)	
13:45 – 14:30	Classroom Session - Positioning	וו
	Presentation – Sight Line	
	 a. Definition of Sight Line b. Obtaining good Sight Line - Hustle to get the best sight line - Be puck aware, not overly puck focused - Scan with your eyes, chin up 	
14:45 – 15:30	Preparation for the games	Dave Smith
16:30 – 18:00	Game # 1 HDC (3 Man System) (Feedback after the game)	BP+FR
18:15 – 19:45	Game # 2 HDC (3 Man System) (Feedback after the game)	וו
20:00 – 21:30	Game # 3 HDC (3 Man System) (Feedback after the game)	ML
18:00 – 21:00	Dinner (Kaskela)	
18:00 – 21:00	Sport Massage Time for GO	RK
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Tuesday, July 17

Till 8:45	Breakfast (Country Club)	
09:00 – 10:00	Off Ice Training	Dave Smith
10:30 – 11:30	Ice Session (A)	Dave Smith
12:00 – 12:45	Classroom Session – 4 Officiating System (Join session with Linesmen) Presentation – First Steps. NHL Video	ນ
12:45 – 13:30	Lunch (Country Club)	
13:45 – 14:30	Classroom Session – 4 Officiating System Presentation – First things to focus on a. Zone of responsibilities b. Positioning c. Skating styles Brains wake Up – Answers on a Rule Questions	JJ ML
14:45 – 15:15	Preparation for the games	Dave Smith
16:15 – 17:45	Game # 4 HDC (3 Man System) (Feedback after the game)	ML
18:00 – 19:30	Game # 5 HDC (3 Man System) (Feedback after the game)	FR
19:45 – 21:15	Game # 6 HDC (3 Man System) (Feedback after the game)	ВР
18:00 – 21:00	Dinner (Kaskela)	
18:00 – 21:00	Sport Massage Time for GO	RK
22:30	Lights out	

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Wednesday, July 18

07:00 - 08:00	Ice Session (A)	Dave Smith
Till 8:45	Breakfast (Country Club)	
09:00 - 09:45	Classroom Session – Judgement: It's your call 71 Clips on Women's Hockey Review (Continue)	ML
	Brains Wake Up – Answers on a Rule Questions	וו
09:45 – 10:00	Break	
10:00 – 10:45	Classroom Session – Judgement: It's your call 71 Clips on Women's Hockey Review (Continue)	IJ
	Brains Wake Up – Answers on a Rule Questions	ML
11:30 – 12:15	Off Ice Training	Dave Smith
12:30 – 13:30	Lunch (Country Club)	
12:45 – 15:30	Game # 1 HP (4 Man System) (Feedback after the game)	IJ
13:45 – 14:30	Classroom Session – Judgement: It's your call 71 Clips on Women's Hockey Review (Continue)	ML
	Brains Wake Up – Answers on a Rule Questions	ML
14:45 – 15:30	Preparation for the games	Dave Smith
16:15 – 17:45	Game # 7 HDC (3 Man System) (Feedback after the game)	FR
16:15 – 19:00	Game # 2 HP (4 Man System) (Feedback after the game)	ML+BP
18:00 - 19:30	Game # 8 HDC (3 Man System) (Feedback after the game)	וו
19:45 – 22:30	Game # 3 HP (4 Man System) (Feedback after the game)	FR
19:45 – 21:15	Game # 9 HDC (3 Man System) (Feedback after the game)	ML
18:00 - 21:00	Dinner (Kaskela)	
18:00 - 21:00	Sport Massage Time for GO	RK
23:30	Lights out	





Thursday, July 19

07:00 – 08:00	Ice Session (A)	Dave Smith
Till 8:45	Breakfast (Country Club)	
09:00 – 11:30	Team building (Join session with Linesmen)	BP, FR, ML, DS
12:00 – 20:00	Excursion to Helsinki	BP+FR
20:00 – 21:00	Dinner (Kaskela)	
23:30	Lights out	

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Friday, July 20

07:00 - 08:00	Ice Session (A)	Dave Smith
Till 8:45	Breakfast (Country Club)	
09:00 – 09:45	Classroom Session – Communication (Join session with Linesmen) Presentation – Communication (Verbal)	JJ + ML
09:45 – 10:00	 a. With the player b. With the coaches c. Reasons – Why game officials afraid to go to the bench or talk with the coach – Discussion Brains Wake Up – Answers on a Rule Questions Break 	JJ+ML JJ
10:00 – 10:45	Classroom Session – Communication (Join session with Linesmen)	ML + JJ
10.00	Presentation – Communication (Non Verbal) a. Appearance and Fitness b. Presence and Posture c. Signals Assessment	ML ML JJ
11:30 – 12:15	Off Ice Training	Dave Smith
12:30 – 13:30	Lunch (Country Club)	
12:45 – 15:30	Game # 4 HP (4 Man System) (Feedback after the game)	IJ
13:45 – 14:30	Classroom Session – Nutrition (Join session with Linesmen)	Dave Smith
	Presentation – Advice from the Specialist a. What to eat in front of the game b. How to energize yourself? c. What to drink?	
14:45 – 15:30	Preparation for the games	Dave Smith
16:15 – 17:45	Game # 10 HDC (3 Man System) (Feedback after the game)	FR
16:15 – 19:00	Game # 5 HP (4 Man System) (Feedback after the game)	ВР
18:00 – 19:30	Game # 11 HDC (3 Man System) (Feedback after the game)	ML
19:45 – 22:30	Game # 6 HP (4 Man System) (Feedback after the game)	FR
19:45 – 21:15	Game # 12 HDC (3 Man System) (Feedback after the game)	ВР
18:00 – 21:00	Dinner (Kaskela)	
18:00 – 21:00	Sport Massage Time for GO	RK
23:30	Lights out	

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Saturday, July 21

07:00 - 08:00	Ice Session (A)	Dave Smith
Till 8:45	Breakfast (Country Club)	
09:00 - 09:45	Classroom Session- Expect the unexpected (Join session with Linesmen) ML
	a. Fights	
	b. Multiple penalties	
	c. Abuse by players d. Coach behavior	
09:45 – 10:00	Break	
10:00 – 10:45	Classroom Session – Physical conditioning of a Game Official	Dave Smith
	(Join session with Linesmen) Practical advice from Dave Smith	
11:30 - 12:15	Off Ice Training	Dave Smith
12:30 - 13:30	Lunch (Country Club)	
12:45 – 15:30	Game # 7 HP (4 Man System) (Feedback after the game)	FR
13:45 - 14:30	Classroom Session – Ask your questions. Seminar Closing Comments	ML+BP+DS
	(Join session with Linesmen) Questions and Answers	
14:45 – 15:30	Preparation for the games	Dave Smith
16:15 – 17:45	Game # 13 HDC (3 Man System) (Feedback after the game)	ML
16:15 – 19:00	Game # 8 HP (4 Man System) (Feedback after the game)	ВР
18:00 - 19:30	Game # 14 HDC (3 Man System)	FR
19:45 – 22:30	Game # 9 HP (4 Man System) (Feedback after the game)	ML
19:45 – 21:15	Game # 15 HDC (3 Man System)	ВР
18:00 – 21:00	Dinner (Kaskela)	
23:30	Lights out	

Sunday, July 22

Till 09:00 Breakfast (Country Club)

Departure of the participants following the departure schedule