# 2012 Hockey Development Camp

### 15<sup>th</sup> – 22<sup>nd</sup> July, 2012 Vierumäki, Finland



### Important Camp Information

#### **Dear Friends**

As you are preparing for the 2012 Hockey Development Camp, in Vierumäki, Finland, we would like to supply you with this update to advise you of some important information.

#### **Finland**

- Finland uses the Euro for currency Please be advised that there isn't a Cash Machine (ATM) on the site. So participants are advised to change their money before arriving
- The electrical plug configuration in Finland is:



The weather in in July:

- Finland has a reputation as a land of ice and snow, but summers can be warm and sunny, with daytime temperatures reaching 25-30°C (77-86°F)
- The sun never really sets in July, so bring with your eye patches if you feel like you'll need them
- Campers can get away with lightweight clothing in the daytime, but bring waterproof clothes in case of rain!

#### <u>Vierumäki</u>

- Is one of the Finnish Sports institutes 120km north of Helsinki
- It is located in more than 10 000 hectares of forest with 1 university, 2 rink rinks, 3 golf courses and 3,000 places for accommodation
  - For more information below is there website in English:

http://www.vierumaki.fi/lang/

- During the camp all participants will be given three meals a day and snacks
- The food is western cuisine that is cooked and prepared on-site



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#### Items to Bring

We also want to remind all camp participants of the equipment that they must bring to camp in addition to their personal items (i.e. personal hygiene items, clothes, camera, medication etc.). Below you will find a list describing the equipment needed to participate effectively in your group:

#### Players

- All their normal ice hockey equipment (including sticks)
- Clothes to do off-ice training in (running shoes, shorts, t-shirt, etc.)
- The IIHF will have Team jersey's and socks for the players to use at the camp

REMEMBER to bring your <u>Throat Guard</u>! Players will not be allowed on the ice without them.

Team Coaches

- Skates
- Gloves
- Helmets
- Coaching board, stopwatch and whistle
- Clothes to do off-ice training in (running shoes, shorts, t-shirt, etc.)

#### Game Officials

- Refereeing equipment (including international uniform for games)
- Tracksuit for on ice practices
- Clothes to do off-ice training in (running shoes, shorts, t-shirt, etc.)
- IIHF Rule Book, IIHF Case Book

Learn to Play Seminar Participants

- Skates
- Gloves
- Helmets
- Clothes to do off-ice training in (running shoes, shorts, t-shirt, etc.)

For Team Coaches and LTP Participants the IIHF will be able to arrange sticks for you to use.



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#### Arrival:

When you arrive at Helsinki-Vantaa International Airport on the 15<sup>th</sup> July, you will be met by one of our camp leaders. They will make sure you have received all your baggage and then will escort you to the bus that will take you to Vierumäki. The drive from Helsinki-Vantaa International Airport to Vierumäki will take approximately 2 hours.

When you arrive to Vierumäki, you will be taken to the arena where players and Team staff must leave their ice hockey equipment in their dressing rooms. You will then be taken to the registration hall where you will receive your camp accreditation and your room key. You will be escorted to your room by one of our camp leaders.

The registration hall will be open all day long so if you have any questions about the Vierumäki area; your room etc. you can always ask the people there.

#### Camp Beginning:

The camp programs will start on Sunday evening:

- All Team Staff 18.00 (6:00pm) the Auditorium in the Gym Bubble
- Players, LTP Seminar and Game Officials 19.30 (7:30pm) in the Bubble
- Opening Ceremony 19.30 (7:30pm) in the Bubble
- All information will be posted in the Hall during registration

