2014 High Performance Camp
Vierumäki, Finland
12-19 July 2014
Saturday, 12 July 2014

Time	GROUP 1	GROUP 2	GROUP 3	GROUP 4	GROUP 5	GOALIES
7 :00						
:30						
8 :00						
:30						
9 :00						
:30						
10 :00						
:30						
11 :00						
:30						
12 :00						
:30						
13 :00						
:30						
14 :00						
:30						
15 :00						
:30						
16 :00						
:30	16:30 DINNER 16.30 - 18.00	16:30 DINNER 16.30 - 18.00	16:30 DINNER 16.30 - 18.00	16:30 DINNER 16.30 - 18.00	16:30 DINNER 16.30 - 18.00	16:30 DINNER 16.30 - 18.00
17 :00	Kaskela	Kaskela	Kaskela	Kaskela	Kaskela	Kaskela
:30	18:00	18:00	18:00	18:00	18:00	18:00
18 :00	18:15 SCANDIC WELCOME	18:15 SCANDIC WELCOME	18:15 SCANDIC WELCOME	18:15 SCANDIC WELCOME	18:15 SCANDIC WELCOME	18:15 SCANDIC WELCOME
:30	INTRO to Fitness Testing	INTRO to Fitness Testing	INTRO to Fitness Testing	INTRO to Fitness Testing	INTRO to Fitness Testing	INTRO to Fitness Testing
19 :00	Path of a Champion	Path of a Champion	Path of a Champion	Path of a Champion	Path of a Champion	Path of a Champion
:30	CAMP PIC	CAMP PIC	CAMP PIC	CAMP PIC	CAMP PIC	CAMP PIC
20 :00	21:00	21:00	21:00	21:00	21:00	21:00
:30	Snack	Snack	Snack	Snack	Snack	Snack
21 :00	21:30 Athlete Lounge	21:30 Athlete Lounge	21:30 Athlete Lounge	21:30 Athhlete Lounge	21:30 Athlete Lounge	21:30 Athlete Lounge
:30						
22 :00	22:30 LIGHTS OUT	22:30 LIGHTS OUT	22:30 LIGHTS OUT	22:30 LIGHTS OUT	22:30 LIGHTS OUT	22:30 LIGHTS OUT
:30						