

2015 Hockey Development Camp

5th – 12th July, 2014

Vierumäki, Finland

Important Camp Information

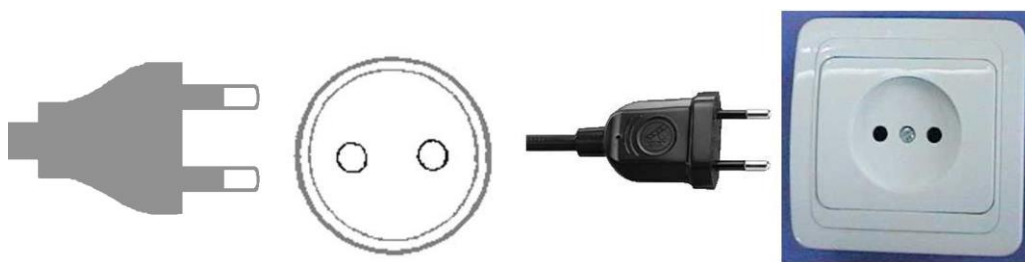


Dear Friends

As you are preparing for the 2015 IIHF Hockey Development Camp, in Vierumäki, Finland, we would like to supply you with this update to advise you of some important information.

Finland

- Finland uses the Euro for currency. Please be advised that there isn't a Cash Machine (ATM) on the site. So participants are advised to change their money before arriving
- The electrical plug configuration in Finland is:



The weather in in July:

- Finland has a reputation as a land of ice and snow, but summers can be warm and sunny, with daytime temperatures reaching 25-30°C (77-86°F)
- The sun never truly sets in July, so bring with you sleeping glasses if you feel like that you will need them.
- Campers can get away with lightweight clothing in the daytime, but bring waterproof clothes in case of rain!

Vierumäki

- Is one of the Finnish Sports institutes 120km north of Helsinki
- It is located in more than 10 000 hectares of forest with 1 university, 2 rink rinks, 3 golf courses and 3,000 places for accommodation
- For more information below is there website in English:
<http://www.vierumaki.fi/lang/>
- During the camp all participants will be given three meals a day and snacks
- The food is western cuisine that is cooked and prepared on-site

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Items to Bring

We also want to remind all camp participants of the equipment that they must bring to camp in addition to their personal items (i.e. personal hygiene items, clothes, camera, medication etc.). Below you will find a list describing the equipment needed to participate effectively in your group:

Hockey Development Camp Players

- Personal items listed earlier
- All their normal ice hockey equipment (including sticks)
- Clothes to do off-ice training in (running shoes, shorts, t-shirt, etc.)
- Swim wear
- The IIHF will have Team jerseys and socks for the players to use at the camp

REMEMBER to bring your **Throat Guard**! Players will not be allowed on the ice without them.

Skills Challenge Players

- Personal Items listed earlier
- All their normal ice hockey equipment (including sticks)
- Clothes to do off-ice training in (running shoes, shorts, t-shirt, etc.)
- Swim wear
- National Team Jersey (in either light or dark color) and matching game socks
- Valid National Passport
- All their normal ice hockey equipment (including sticks)

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Team Coaches and Goalkeeper Coaches

- Personal Items listed earlier
- Skates
- Gloves
- Helmets
- Sticks
- Warm underwear (the arena is cold)
- Coaching board, stopwatch and whistle
- Clothes to do off-ice training in (running shoes, shorts, t-shirt, etc.)
- Swim wear

LTP Participants

- Personal Items listed earlier
- Skates
- Gloves
- Helmets
- Sticks
- Warm underwear (the arena is cold)
- Clothes to do off-ice training in (running shoes, shorts, t-shirt, etc.)
- IIHF LTP Program Manual (Hard Copy)
- Swim wear

Team Managers and Administrator Education Participants

- Personal Items listed earlier
- Computer and USB memory sticks
- Team Managers: warm underwear (the arena is cold)

Equipment Managers

- Personal Items listed earlier
- Warm underwear (the arena is cold)

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- You may bring your personal Equipment Manager gear but this is not mandatory. Skate sharpening machines are available on-site and do not need to be brought.

Arrival:

When your participants arrive at Helsinki-Vantaa Airport on July 4th, they will be met by one of our camp staff members who will make sure they have received all of their luggage and will escort them to the bus that will take them to Vierumäki. The drive from Helsinki-Vantaa Airport to Vierumäki is 120 kilometres and takes a maximum of two hours.

When they arrive in Vierumäki, they will unload their equipment into their assigned dressing rooms and register at the registration hall where participants will receive their camp accreditation, and room key. They will be escorted to their room by one of our camp leaders.

The registration hall will be open all day long so if anyone has any questions about the Vierumäki area; rooms etc. they can always ask the camp staff in the registration hall.

Camp Beginning:

The camp programs will start on Saturday evening:

- All Team Staff - 18.00 (6:00pm) in the Auditorium in the Gym Bubble
- Players - 19.30 (7:30pm) in front of the Gym Bubble.