

2010 IIHF HOCKEY DEVELOPMENT CAMP

3 – 11 July, 2010

Vierumäki, Finland

Participant Update 15 June, 2010

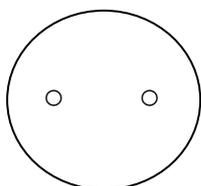


Dear Friends,

As you prepare for the 2010 Development Camp from 3 to 11 July, 2010, in Vierumäki, Finland, we are sending this update to inform you of some important information.

◆ Please be aware that all participants will get three meals a day and snacks during the camp. The food is western cuisine that is cooked and prepared on-site.

◆ The plug configuration of Finland is:



◆ The weather in Finland in July:

Finland has a reputation as a land of ice and snow, but summers are warm and sunny, with daytime temperatures reaching 25-30°C (77-86°F). The sun never truly sets in July, so bring with your eye patches if you feel like you'll need them. Campers can get away with lightweight clothing in the daytime, but long sleeves and long trousers or skirts are useful for the evenings. Also bring with waterproof clothes in case of rain!

◆ We also want to remind all camp participants of the equipment that they must bring to camp in addition to their personal items (i.e. personal hygiene items, clothes, camera, medication etc.). Below you will find a list describing the equipment needed to participate effectively in your group:

Players

- All their normal ice hockey equipment (including sticks)
- Clothes to do off-ice training in (running shoes, shorts, t-shirt, etc.)
- Filled out and signed Player Entry Form
- The IIHF will have Team jersey's and socks for the players to use at the camp

REMEMBER to bring your **Throat Guard**! Players will not be allowed on the ice without them.

Team Coaches

- Skates
- Gloves
- Helmets
- Coaching board, stopwatch and whistle
- Clothes to do off-ice training in (running shoes, shorts, t-shirt, etc.)

The IIHF can supply a **limited** amount of helmets and sticks on-site in Vierumäki.

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Leadership Program Participants

We would encourage Leadership Program Participants to bring with them to camp:

- Sport clothes (running shoes, shorts, t-shirt, etc.)

Referees

We would encourage participants of the Referee Program to bring with them to camp:

- Refereeing equipment (including international uniform for games)
- Tracksuit for on ice practices
- Clothes to do off-ice training in (running shoes, shorts, t-shirt, etc.)
- IIHF Rule Book, IIHF Case Book

Finally on behalf of the IIHF, we look forward to seeing you in Vierumäki!

All the best,

International Ice Hockey Federation