

Welcome to Vierumäki!

Vierumäki Sport Institute of Finland is located 120 km from Helsinki, between towns Lahti and Heinola. It is the main practice venue for many Finnish national teams for i.e. ice-hockey and figure skating. The campus provides possibilities to do almost everything sport-wise – from horseback riding to bowling to shooting to high-jumping. This might be why this is already the 9th IIHF Hockey Development Camp held in Vierumäki.

'Vierumäki Times' is a daily published camp newsletter about the activities that take place during each of the camp days. After today's publication, Vierumäki Times will feature all the teams one-by-one and there will also be special features that will introduce some of the players at the camp.

Yesterday we managed to transport every player and staff member to Vierumäki, got you all checked in to your accommodations and only a few luggage-pieces got lost on the way to Helsinki; so you could say that everything went well! In fact, there also was a mystery hockey equipment bag in one of the dressing rooms, but no player! Kind of spooky!

Today, the teams started their practices and the first games were played this evening. All teams took part in tight and exciting match-ups. The teams also had lectures in the classroom and off-ice sessions today. The main event of the day was the Opening Ceremony held in the Vierumäki Garden tent.

The first day at the 2010 IIHF Hockey Development Camp is nearly finished and we hope that you've enjoyed it!

Two minutes in the box

Today's highlights:

The spectacular Opening Ceremony was the main event today. The ceremony included i.e. a welcoming speech of the President of the IIHF, Mr. Rene Fasel, and there might have even been a special guest joining the party afterwards...

Monday's weather forecast:

Trust us – we are lucky! The forecast promises 28°c and clear skies. Bring out your shorts and flipflops!

Quote of the day:

A person, who watches three football matches per day, has no life.

(an unidentified Camp Director)

Question of the day:

In every Vierumäki Times you can find a question about the IIHF and the camp. We will provide the right answer to the question on next day's Vierumäki Times.

Today's question:

How many member countries does the IIHF have?

Let's learn some Finnish !!!

Because the camp is held in Finland, it might be useful to learn some basic Finnish words. In the past years, all the campers have found it useful to know a few basic impressions to communicate with the staff working at the rink, Sports café and the dining hall. Here are the first ones for you to know:

Hello = Moi , Thank you = Kiitos , I'm sorry = Anteeksi , You're welcome = Ole hyvä

Remember to:

- Have fun!
- Be polite and friendly
- Meet new people
- Listen to your coaches' advice!
- Watch your language...
- Never wear a hat in the cafeteria
- ...
- ...
- ...and have fun again!

